

Annual Report

1 April 2017 - 31 March 2018



**Malamulele
Onward**



VISION

Our vision is that the rehabilitation needs of children with Cerebral Palsy and their families, living in underserved rural areas, are met.

MISSION

We exist to enable each child with Cerebral Palsy to reach their best potential within a supportive environment.

MALAMULELE ONWARD NPC

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Malamulele Onward NPC

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Meet MaKabelo

Ms Maja or MaKabelo as she is respectfully referred to by everyone around her is a 33-year mother, caregiver and aspiring entrepreneur who lives in the Leribe District in Lesotho. She has an eight-year-old son named Kabelo, who has cerebral palsy (CP). When it comes to helping or advocating for her son, MaKabelo is tireless, which is what first brought her in contact with Malamulele Onward. She joined our Carer-2-Carer programme in 2016 to learn how to become a Malamulele Onward Parent Facilitator (PF), and from then has supported local hospital CP clinics, has run monthly educational workshops and supported children and mothers in their own homes with that same tireless passion and commitment that she has for Kabelo.

MaKabelo visited us earlier this year to attend the two-week Residential Therapy and Training programme (RTTP) and Prenisha, our Business Manager, spent a short time with her. Usually, our PFs attend the RTTP with their children, however we invited MaKabelo to attend alone this time so she can solely focus on developing her skills working with other children with CP, on running groups for children with CP and their mothers as well as doing home visits in her community. Her infectious personality, as well as her willingness and eagerness to learn and adapt practices to resource-constrained settings had all our therapists gleaming with pride. Here is her story.

“When Kabelo turned 3 months old, I realised that he had a problem. I went to our local doctor for help. My questions were not answered. The doctor did not tell me what Kabelo was suffering from, and instead, I was given medication and asked to return to the hospital for a check-up a few months later. When I returned to the hospital I was referred to the largest hospital in the country which is in Maseru. This commute was over 100km from my home. I had to make my way there with my disabled son. It was very difficult.

While at the hospital I was referred to a physiotherapist. I was still unaware what was wrong with Kabelo. No one could give me answers. At this time I didn't know what physiotherapy was. When I entered the physio ward at the hospital, I saw other children who were like Kabelo. The confusion I had experienced all this time began making sense. I still did not know exactly what he was suffering from, but I continued the therapy for many years.

Some time had passed until I met a team from Malamulele Onward (MO). The therapists explained what was wrong with Kabelo. They told me he had a condition called Cerebral Palsy and that I can help him all the time provided I have the right understanding of this



condition. I decided to attend their workshops. I enjoyed it and realised I need to inform other mothers who were like me. In July 2016 I became a PF. I love what I do. I love facilitating workshops and informing other caregivers about CP and how to care for children with CP. My job also entails home visits. I love this aspect of my job because I get to go through to homes to help people who often can't travel to the hospitals as frequently or at all. But this aspect is difficult for me.

It's difficult because rural homes are very far away from each other - it's very remote, transport is expensive and often I have to walk a few kilometres to get to different homes. If I had additional funding I would be able to pay for transport easily, for now, I have to watch my budget and split my travel between walking and catching a taxi.

Being a mother to a child with CP is a 24/7 job. Apart from being a PF, I'm an entrepreneur who specialises in tailoring and hairdressing. This is tough for me because I don't have the right equipment or premises to run my business. My supplies are also very expensive and living in a remote area has higher challenges with regards to sourcing the materials I need for my business.

After meeting MO and learning about CP and how I can help Kabelo, I feel that my life has changed a lot. I feel empowered to make choices and I'm aware of Kabelo's needs and how to improve the quality of his life. My only concern is funding. It's very difficult for me to take on big projects in my business or take on full-time employment because I need to take care of Kabelo every minute of the day. He is disabled and cannot do anything for himself. I feed him, bath and take care of him daily. I don't have enough time to concentrate on my business. I often lose my customers for this reason. My turnover is low and just not enough to support my family. But still, I try to remain hopeful. My dream is to have perfect rooms for my salon and dressmaking businesses, one that I own. Which has electricity, water and really good security. I really need your help."

This is not an uncommon reality for mothers of children with CP, and our MO Parent Facilitators are not immune either. Disability grants are rarely awarded in Lesotho (even if the disability is quite severe) and even then, recipients are paid a very small amount on an ad hoc basis. MaKabelo has not been able to secure a grant for Kabelo and while she is paid a stipend for her work with MO, it is not enough to sustain the many people who rely on her.

Our dream at MO, is to be able to help even more children with CP by employing our Parent Facilitators full-time, paying them a wage that reflects their worth. To help us fulfil this dream please click on our 'donate now' tab or go directly to our website: www.malamuleleonward.org/get-involved/donate



MaKabelo facilitates a group with the mothers and children

Tsepo's story

Tsepo is nearly 2 years old. He has dystonic cerebral palsy (CP), which means that his body is sometimes stiff and sometimes floppy – Tsepo is unable to control the changes in his muscles that make them go from tight to floppy. He attended the MO two-week residential therapy and training programme (RTTP) with his mother, Siepati in September 2017.

When Tsepo arrived, he slept nearly the entire day and even when he was awake, he barely responded to anything. He also had very limited control over his body or movements, and was unable to sit and hold his head upright (even when supported by Siepati). Tsepo also has a cerebral visual impairment (CVI), which is also caused by the brain damage from the CP. This means that his brain is unable to interpret a lot of visual information – effectively he can only see very bright or shiny objects, when they are lit by a torch. Siepati thought he was completely blind.

By the end of two weeks, Siepati had learned how to support Tsepo to sit and also to stand! This helped him to strengthen his muscles – he also learned how to hold his head upright (by himself!) and to look about him.

Siepati learned what Tsepo can see, and how she can help him learn to see better and more. Consequently Tsepo learned to engage with his environment – he was able to look and

touch objects and toys in front of him. This was a big change from the first few days of the therapy block.

The change in Tsepo was amazing, from a boy who barely responded to any stimuli or person and who had difficulty even in raising his head, Tsepo became a boy seeking to interact with others, learning to touch, look at and focus on objects and to sit and stand (with help from Siepati).

Yes we "C" the Potential in every child!



Moleboheng's story

Moleboheng is 33 years old and has cerebral palsy which makes her legs so tight and stiff, that they've become permanently stuck in a tucked up position. She lives with her gogo Mamoliehi and even though Moleboheng has a severe cognitive impairment and cannot talk, they have a great relationship. Mamoliehi loves Moleboheng to bits and includes her in everything she does.

Matisetso is a Malamulele Onward Parent Facilitator and a game-changer for Moleboheng and countless other children with cerebral palsy in Mochale's Hoek, Lesotho. She is often told about new children or adults with cerebral palsy who need her help. Here, she was able to teach Mamoliehi the importance of keeping Moleboheng's legs stretched and loose – not tucked up so that she's sitting on them. She taught Mamoliehi how to stretch and massage Moleboheng's legs daily after bathing – it's not even extra work to do it.

Matisetso will visit Moleboheng and Mamoliehi soon so they continue practicing and learning how to stretch and massage her legs. And there are many other things that, with Matisetso's help, Moleboheng can learn!



The impact a home visit can have on the life of a person with cerebral palsy



Letter of thanks

Dear Valued Stakeholders, Friends and Colleagues

This is my first report as the Chairperson of the Malamulele Onward Board. I wish to express my sincere gratitude to John Whitter, from whom I took over this important role. We are eternally grateful for his unwavering support and expertise in the role of Chairperson over the years – thank you, John.

This financial year has been a challenging, but yet again, remarkable one for Malamulele Onward. Our dedicated team of staff and volunteers have shown great commitment to making a difference in the lives of children and their families affected by cerebral palsy (CP) and continued their wonderful work under trying circumstances.

The organisation has embraced social media and are keeping our funders, families, volunteers and friends up to date with our work via Facebook, Twitter and Instagram. Our Residential Therapy and Training Programme continues to be the leader in South Africa with regards to training caregivers on how to care for their children living with CP using the ethos of “CP as a way of life”. Thus, enabling sustainable changes and benefits when they return to their homes. Another programme that we are very proud of is our successful Carer-2-Carer Training Programme. This programme, run by our Parent Facilitators and trainers with support from our therapists, have supported Parent Facilitators at 21 sites around South Africa. This programme has emerged as an emerging best practice for South Africa as a successful example of Parent-Led Services. The Malamulele Onward Practical Training Courses continues to be a major part of our work, especially in equipping young therapists with the necessary knowledge and skills to provide quality care for children and families at public healthcare facilities.

A struggling economy and increasingly difficult funding landscape have meant that the Malamulele Onward team better monitor and evaluate the effectiveness of our programmes to ensure that we do “what works best” with the limited resources available. The provision of quality, effective therapeutic and support services for children with CP and their families remains a challenge, especially in rural South Africa. Malamulele Onward, with over

12 years of experience in this field, have amassed a wealth of knowledge, evidence and experience on how to close this gap for children and families in resource-limited contexts. A key focus going forward will be to document these lessons and the evidence that we have generated in this field in order to strengthen and expand the work that we do.

A cornerstone of our strategy at Malamulele Onward is, and has always been, our unwavering commitment to good governance and accountability to our valued stakeholders. This is in the long-term interests of our beneficiaries as we empower and enable them to face their unique challenges through a caring and supportive environment. I would like to thank all our donors, supporters and volunteers who have collaborated with us in 2018. Without your help and support, we would not have been able to do the work that we do.

I would also like to thank Dr Gillian Saloojee, our Executive Director, and the staff for all you have achieved this year - usually beyond the call of duty. And to my fellow Board members, a sincere thank you for all your time, expertise and support.



Dr Wiedaad Slemming

10 December 2018

Executive Director's Report 2018

To give you our treasured readers, funders, friends, volunteers, donors and supporters a more tangible feel for what Malamulele Onward has achieved this year, we are delighted to bring you an Annual Report with a difference – where by clicking on links throughout the report, you will get a glimpse of the people behind the stories. I would especially like to thank Gabi Smith, our occupational therapist volunteer (supported by Australian Volunteers International www.avi.org.au) who transformed our training room into a pop-up studio where she produced all the videos you will see in this year's report. For a short interview with Gabi, [click here](#).

Thanks to the dedicated and creative Malamulele Onward team, the organization has embraced social media and if you have been following us this past year, you will have kept up to date with what we have been up to through our Facebook, Twitter and Instagram links. Vutomi Ringane ([click here](#)) and Emma Jenkins ([click here](#)) are the main drivers of our social media presence, and I thank them sincerely for keeping our followers up to date with what we have been doing.

Under Kabi Krige's leadership ([click here](#)), the Residential Therapy and Training Programme continues to be the leader in South Africa in providing a practical integrated, comprehensive and holistic programme which provides children with therapy whilst training their caregivers practice "CP as a way of life" when they return home, thus creating sustainable changes and maintaining the benefits from the therapy intervention.

Thanks to the vision of the Malamulele Onward therapists, viz. Misty Weyer, Michelle Flowers, Emma Jenkins, Kabi Krige and Michelle Flowers, our successful Carer-2-Carer Training Programme has evolved into the concept of Parent-Led Services, another first in South Africa. The therapists, together with help from our own Malamulele Onward Parent Facilitators and trainers, Lydia Ngwana and Lindiwe Nxumalo, have supported Parent Facilitators at 21 sites around South Africa to not only run Carer-2-Carer Workshops, but also to assist at their local CP Clinics and to visit children in their homes.

Our research activities continue to grow and for the first time, a report on the research programme is included in this report. The Malamulele Onward Practical Training Courses continue to attract young therapists, particularly those doing their community service and we are proud of the fact that as a result of the training we provide to these young and enthusiastic therapists, many more children throughout the country have access to a more effective and an improved quality of service at public service hospitals.

Our achievements in making a meaningful difference to the quality of life of so many children and their caregivers is thanks to you, our supporters and donors, as well the staff and the Board. I would like to acknowledge the support I have enjoyed and valued from the whole Malamulele Onward team as well as the unwavering support of the Board members. Malamulele Onward is really fortunate to have the faithful support of a Board which both challenges and champions us. We owe a huge dept of gratitude to all our Board members, in particular John Whitter, our outgoing Chairperson and Dr. Wiedaad Slemming who graciously accepted the invitation to be our new Board Chairperson.

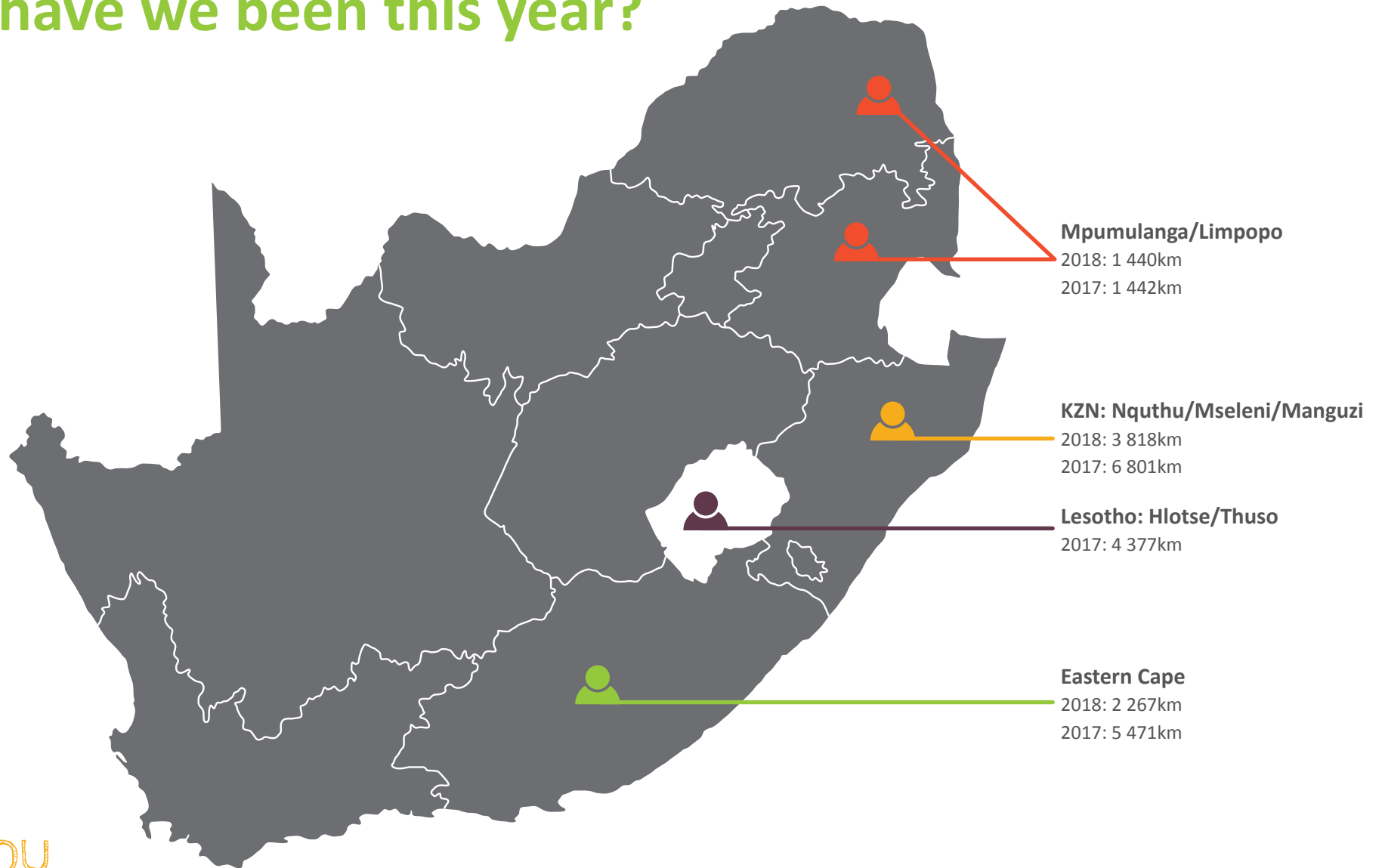
Please [click here](#) to view a message from the Chairman and Executive Director.

Happy reading!



Dr Gillian Saloojee

Where have we been this year?

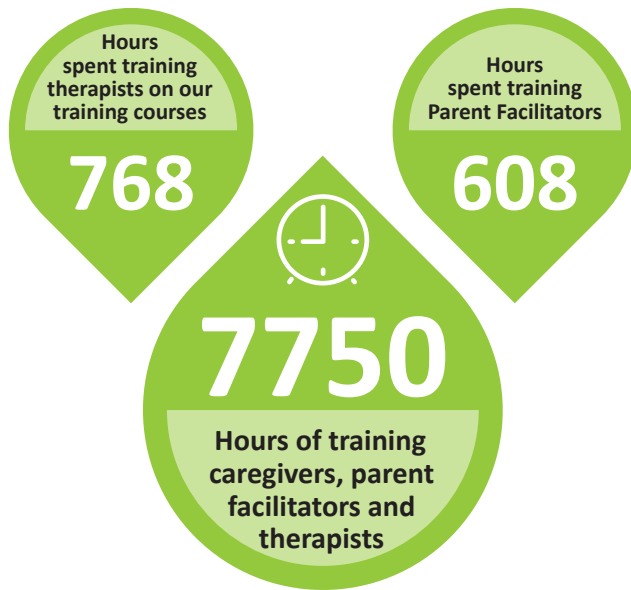


THANK YOU

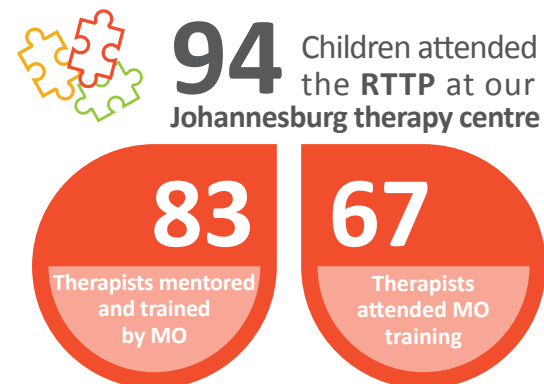
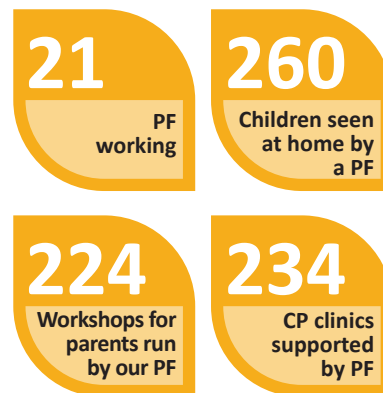
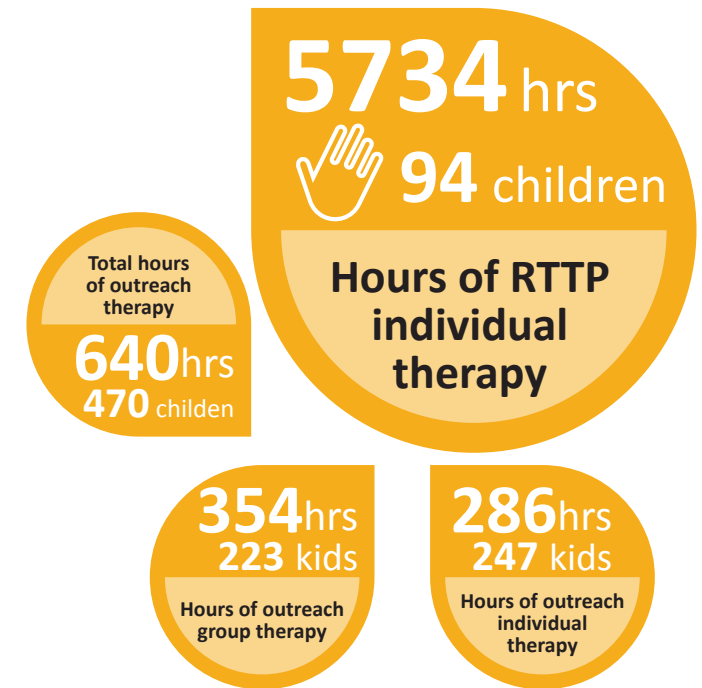
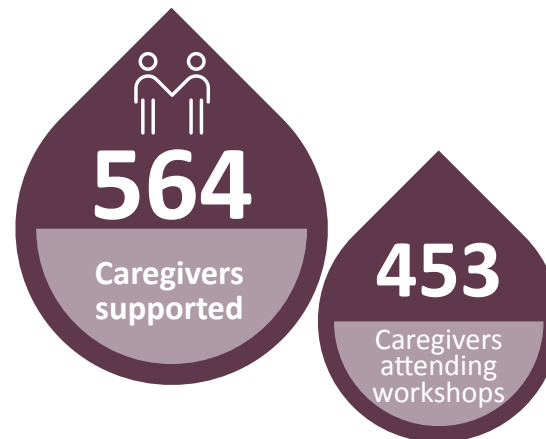
Europcar

for the complimentary 4x4s that got us safely to our destinations!

Our impact this year



16  OUTREACH trips completed



How we influence change...

Residential Therapy and Training Programme

The focus of this year's RTTP was upskilling our Parent Facilitators in order to expand our reach and the quality of our intervention. Parent Facilitators started their training with how to present five workshops that explain CP to other caregivers. Realising the strength of these resilient woman, led to equipping them for change.

We identified three additional skills Parent Facilitators needed which would enhance a local CP service,viz:

- Running groups
- Doing home visits
- Running a daily programme during local block therapy

Together with the Parent facilitators, we invited other caregivers and children from the same area to join us during a two week stay in Johannesburg. Ninety four children and their primary caregivers came to the RTTP this year which enabled us to offer therapy to the children and skills to their caregivers whilst allowing our parent facilitators to work on the three elements mentioned above.

The RTTP is not just a service we offer, we also use it as our testing ground- where we learn a great deal about what works best. This enables us to educate other therapists during our site visits and training courses.

In-order to successfully upskill our parent facilitators we primarily dedicated our time to adult learning.

This determined the structure of our RTTP. We made sure there were opportunities to EXPERIENCE activities and not just discuss or demonstrate in order to ensure maximum carryover into the local setting.

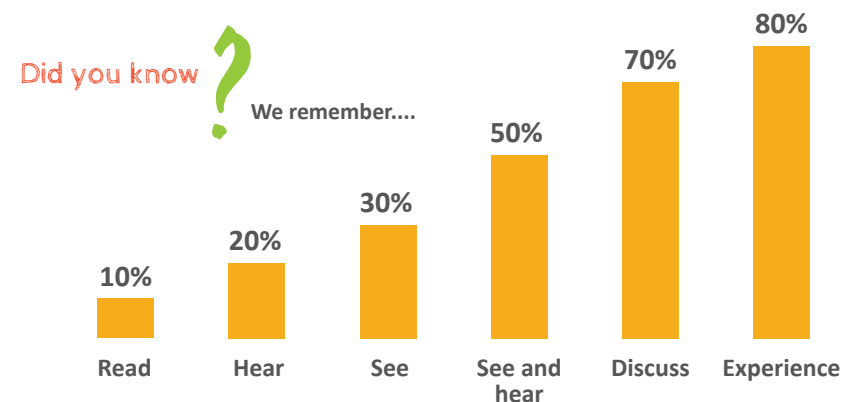
At Malamulele Onward we want to empower for change. Over the years we have learnt the importance of working at a caregivers' pace. In order for a care giver to become an active problem solver and become a game changer in her community, a "less is more" approach is most effective. At Malamulele Onward we also value the importance of monitoring and evaluation. Quantifying where

an individual is in the learning journey, helps us as a team to be more effective. Using Bloom's taxonomy of learning and Lean principles we rated each parent facilitator's stage of learning. This helped us to understand how to present the three important skills and showed us when and how to progress their learning journey. In other words, we created a learning diet tailored for each individual.

Understanding how individuals learn ultimately leads to a better carry over to the home and local service. This is a key factor to make CP a way of life – increasing therapeutic opportunities throughout the day to promote a better quality of life for each child. This didn't just stay in the RTTP, it enabled us to also be more effective during our site visits and training courses.

Want to see all this in action? Click the links below...

1. [Combining vision play and communication](#)
2. [Greeting song at the start of a standing group](#)
3. [Play and communication whilst in standing frames](#)
4. [Child leads goodbye at the end of the group](#)
5. [Parent Facilitator running a workshop for other parents during an RTTP](#)
6. [Parent Facilitator running a workshop on eating and drinking](#)
7. [Parent Facilitator involving parents during the workshop](#)
8. [Parent Facilitator Lydia feeding a child](#)



How we influence change...

Residential Therapy and Training Programme



Akonaho and Ndisheni
from Tshilidzini



Ethandwa and Vivian
from Butterworth



Twisanani and Princess
from Tintswalo



Thembelihle with Lindokuhle
from Themba



Afika and Zusake
from Zithulele



Orabile and Margaret
from Lydenburg



Kgaugelo and Esther
from Lydenburg



Faye and Joseph
from Limpopo

How we influence change...parent-led services

Where have we come from?

The Carer-2-Carer Programme started in 2012 with 5 workshops being presented to parents in their own language at our various sites. Our number of trained Parent Facilitators grew and the activities that they began doing also grew in variety extending Malamulele Onward's reach further than what a small team of therapists could ever do on their own.

Where are we now?

In the last year, the name of our Carer-2-Carer programme changed to Parent-Led Services in order to reflect the true nature of what Malamulele Onward does, which is to equip mothers to empower others. Our Site Visits and RTPs have been focused on upskilling Parent Facilitators. Currently, we have 21 working Parent Facilitators who in the last year have spent a total of 4 641 hours supporting caregivers of children with CP through running CP clinics at their local hospital, doing home visits and running therapeutic groups. We are very proud of what they are doing and continue to be impressed by the impact that they have to effect change on the lives of the children who we work with.

Our site visits are one of the ways that we mentor and support the Parent Facilitators. Over the last year, with little resources, we have been able to conduct 16 site visits with about 25 616 kilometers driven in total. This would not have been possible without the generous donation of complimentary vehicles from Europcar. We use Site Visits for three main purposes:

- To upskill our Parent Facilitators – this year has focused on home visits and group work.
- To mentor and support the local therapy team
- Through these two activities, the children with CP in that area receive much needed therapy – which is the heart of why Malamulele Onward exists.

One of our highlights this year was seeing our Parent Facilitators from Motebang, Lesotho plan and execute a week of block therapy at their local hospital. Block therapy is similar to our RTP in Johannesburg and allows children who are unable to attend CP clinic to receive a weeks worth of therapy and support. Along with their therapist, Makabelo and Mapontso invited 5 children to stay at the hospital. The parents received workshops followed by groups to practice what they had just learnt with their children. This block week will happen once a month at Motebang. We are very proud of all our Parent Facilitators and what they are achieving.



Parent Facilitators in Lesotho running a therapeutic group on how to position children in a way that is helpful for their body.



Parent Facilitators training other Parent Facilitators on how to do home visits.

How we influence change...parent-led services

On average our Parent Facilitators support up to 453 caregivers through running workshops each year. They are also reaching up to 260 families each year through home visits.

Where are we going?

As Malamulele Onward grows, we realise the potential that our Parent Facilitators have in mentoring and supporting not only other caregivers but also themselves. We are beginning to implement the concept of a Parent Facilitator Champion – a Parent Facilitator who is responsible for upskilling the other Parent Facilitators in their province. This will assist us in providing more frequent support and training to the stars of our service.

With this in mind, we will be able to extend our reach to the furthestmost parts of South Africa so that in the next 5 years, we will have reached children and families throughout Africa.



Simangani and Sthembile



Veliswa training a parent at Canzibe Hospital



Xoliswa and Nodutch at Madwaleni



Noluyolo adjusting a child's buggy during a home visit in Butterworth



Thabelo and his Gogo from Mokhotlong in Lesotho



Noluyolo, Parent Facilitator from Butterworth

How we influence change...training

Offering practical training courses for therapists is one way in which the Malamulele Onward team helps to improve the quality of local therapy services for children with Cerebral Palsy (CP). This is of particular value in public service settings where young newly qualified therapists often feel overwhelmed by the number of children with CP and the complexity of their needs. As with all our courses, the content is based on our practical experience in working with children in both the home and hospital settings. Particular emphasis is placed on working with caregivers in a way that CP becomes a way of life.

On average a child with CP attending a public service hospital receives at most 40 hours of therapy over their lifetime. Therefore it is really important that these 40 hours are not wasted on therapy which is not effective, hence the very practical nature of our training courses. Another important aspect included in our courses is teaching therapists how to work with children in a group setting. In this way therapy contact time is doubled without needing additional staff.

Two of the three practical courses we ran last year for therapists took place in rural settings, viz Benedictine Hospital in Nongoma, KZN, and Tintswalo Hospital in Mpumalanga. The third course was held at Malamulele Onward where we have very good training facilities. We always receive really positive feedback from our courses and it is so encouraging when therapists leave the course feeling excited about going back to their hospitals to work with children and feeling that they are no longer wasting the parents' time.



Appropriate paper technology training course

Our work with children who have Cerebral Palsy (CP) and who live in rural areas has shown us that many children, especially younger children, do not have equipment that will help them to sit in a good position and equipment to help them to stand. There are other countries in Africa who have the same problem and they have set up workshops and small businesses which make strong equipment for children with disabilities using cardboard, water and flour. Yes, cardboard!! Appropriate Paper Technology (APT) is a method of working with cardboard, flour and water to make strong equipment and furniture. It takes two weeks to learn this technology. We wanted to learn from what people in Zambia have done and how they have solved the problem of making equipment for young children which is strong, attractive and affordable. Malamulele Onward also recognized that there are many disabled people and family members of children with cerebral palsy who are unemployed and who do not have the skills to start their own business.

Therefore, a new course was offered in 2017 – a three week residential APT training course . The course objectives were to:

- Teach people how to make strong toys and equipment (special chairs and standing frames) from cardboard.
- Teach people how to ensure that a child is sitting properly in his or her special chair and how to modify the chair to ensure that the child sits correctly
- Teach people how to set up their own small business so that they can sell this equipment to other people in the community.

The course was led by Jean Westmacott, the Equipment Director at Cerebral Palsy Africa, and the Founding Director of Paper Furniture Social Enterprise in the United Kingdom. Jean is also the Founder-Director of People Potential, a non-profit organization based in Hampshire in the United Kingdom (<http://www.peoplepotential.org.uk>). For the past 30 years, Jean and her husband Kennett, have trained hundreds of people around the world in Appropriate

Paper Technology. It was therefore a particular honour for us at Malamulele Onward when she accepted our invitation to run a course at our centre. Jean was assisted by Jane Worsley, a community- based Occupational Therapist from Cornwall in the UK who works with adults with neurological condition

The third trainer was Hilton Mutembu from Zambia. Hilton works for an organization called Wukwashi wa Nzambi. They have 10 different parents' groups stretching from Ndola to Chitokoleki near the Angolan border. Hilton works at an APT workshop outside of Kitwe. Wukwashi wa Nzambi have opened a school for children with more complex disabilities who are not being accepted into mainstream schools.

Together with the Malamulele Onward Parent Facilitators, a list of the characteristics of the ideal course participant was drawn up and the course was advertised in all the areas where we currently work. Twenty people completed the course – they included family member and neighbours of children with CP; Parent Facilitators and people with disabilities.

Our next step is to start APT workshops in rural communities supplying low cost chair. Our dream is for every child to have a chair and in the process creating jobs for budding social entrepreneurs.



How we influence change...research

WHAT ARE THE MAIN CAUSES?

HOW MANY CHILDREN IN SOUTH AFRICA HAVE CP?

WHAT IS THE IMPACT OF THE RESIDENTIAL THERAPY AND TRAINING PROGRAMME?

WHAT IS THE VALUE OF OUR TRAINING COURSES?

HOW EFFECTIVE IS THE CARER-2-CARER TRAINING PROGRAMME?

WHAT IS THE MORTALITY RATE FOR CHILDREN WITH CP IN SOUTH AFRICA?

These are just some of the questions our research programme and activities are addressing. One of the first questions people ask us is “How many children with CP are there in South Africa?” Without knowing how many children there are, it is impossible to plan for their needs both now and into the future. But we at Malamulele Onward are interested in far more than just a number. We want an accurate picture of the nature of their disability and how this impacts their lives as well as the lives of their families. We want to know the extent of their unmet needs and what proportion of children we are reaching through our programmes. It is not just about how many children we reach, but also to what extent our programmes and intervention make a meaningful difference.

Without an active research programme, we would not find answers to these questions and would be operating in the dark. Malamulele Onward does not currently have a full-time researcher but we are hoping that if dedicated research funding can be secured, we will be able to develop a small research unit. In the meantime we continue to collect data on all aspects of our work with a particular emphasis on qualitative evaluations from our beneficiaries – parents for children with CP and therapists. We collaborate with Masters students who analyse and write up some of the data we have collected for their research reports. Currently Takondwa Bakwa, a physiotherapist and lecturer from Malawi, is evaluating the value of our Six Day Practical Training Course for newly-qualified therapists working with children with CP whilst Gabi Smith, our Australian volunteer occupational therapist, is evaluating the Residential Therapy and Training Programme.

An ambitious research project has taken place in Nquthu over the past six years. After completing a randomized controlled trial comparing three therapy interventions, we had identified 110 children with CP living in the area. We followed up these children through our outreach and mentoring visits and supported the CP Clinic at Charles Johnson Memorial Hospital and the number grew to 168. This was the starting point for a prevalence study where we attempted to identify every child under the age of 18 years with CP in Nquthu Municipality. What made this prevalence study unique is that it was conducted by just two family members of children with CP (Simangani Khumalo and Njabulo Shabangu, mother and uncle respectively to two children with CP) who are residents in Nquthu, using a Smartphone. What this study has shown us is that prevalence of CP is about 1.3 times higher than that in well-resourced settings; that the children are more severely disabled; there is a much higher proportion of children who are dystonic, and that the mortality rate appears to be alarmingly high.

Knowing that only half the children with CP in Nquthu currently receive therapy confirms for us the value and importance of Parent-Led services. Could the extension of this programme be a way of providing support and basic training to all children with CP in an area? We still have a long way to go but we see the importance of research informing as well as refining our programmes and activities.

Who helped us?

Our Annual Report provides an opportunity to acknowledge the essential role that our many friends, donors, sponsors and supporters play in our organization. Without your support, whether financial or in-kind, we would be not be able to do what it is we do, and without your significant generosity, we would certainly not be as effective as we are. From the bottom of our hearts, we say thank-you for believing in what we do and for making it possible.

- Alma Brambles
- Andrew and Barbara Harrison
- Andre Krige
- Anglo American Chairman's Fund
- Anglo American Ambassador for Good
- Audrey Jevon
- Beryl Ansley
- Bryandale Primary School and Hazel Whitter
- Charlotte and Douglas Roberts Trust
- Cindy Baloyi
- Cynthia Alter
- Dave and Dianne Henderson
- Dot Murray
- EdgeData Technologies
- Elsje Schleffer
- Gillian Saloojee
- Heather Angilley
- Helene Tournier
- Israel Magane
- Jacqui Bessenger
- Jacqui Brown
- Jacqui Robinson
- Jane Worsley
- Jean McJarrow
- Jean Westmacott
- Joan Fitzpatrick
- John Whitter
- Kerri-Ann Collinson
- Kennett Westmacott
- Lynette Lourens
- Mandy Young
- Marie Bester
- Mary Murray
- Melba Parmite
- Michelle Flowers
- Malamulele Onward Canada
- Modular Mining Systems
- Natasha Gewanlal
- Prenisha Chiba
- Priscilla Powell
- R G Hagert Trust
- Rob and Shirley McKechnie
- Rose Zillen
- Rusty Haynes
- Sukumani Dream
- Takondwa Bakwa
- Tara Seon
- Timion
- Tshepang Seothaeng
- Vanessa Krige
- Vivienne Descroizilles
- Zanele Shabalala



Financials

Malamulele Onward NPC
(Registration number 2006/032287/08)

2018 FINANCIAL REPORT

Summarized extract from audited Annual Financial Statements
Statement of Financial Position
Detailed Income Statement

Revenue	2018 R	2017 R
Donations and grants		
Anglo American	350 000	
Apex Hi Trust	200 000	150 000
Astrea		100 000
Australian Community Support	95 400	
Blue Label	70 000	70 000
Clyde and Co	143 883	
Charles Robert Trust	40 000	35 000
DG Murray Trust	400 000	
Donated and volunteer services	272 022	226 623
Gatehouse Commercials		70 000
Gifts-in-kind	82 489	73 078
Insight Actuaries and Consultants	100 000	
International Development & Relief Foundation	149 883	292 364
Malamulele Onward Canada	98 650	
Modular Mining	225 000	120 000
National Lottery Fund	511 775	
Other designated grants and general donations	167 828	35 185
RB Hagart Trust	250 000	

Revenue	2018 R	2017 R
Rocbolt Technologies	120 000	
St Mary's DSG	50 000	40 000
Telkom		100 000
The Elma Foundation	550 000	550 000
Unifor Social Justice Fund		247 219
	3 876 930	2 109 469
Other income	57 534	172 070
Interest received	41 228	34 996
	3 975 692	2 316 535

To view our full audited annual financial statements, please visit our website at www.cpchildren.org.

Financials

Malamulele Onward NPC (Registration number 2006/032287/08)

2018 FINANCIAL REPORT

Summarized extract from audited Annual Financial Statements Statement of Financial Position

	2018	2017
Direct project expenses	R	R
Malamulele, Limpopo	4 816	38 243
Dilokong Hospital, Limpopo	279	96 238
Butterworth, Zithulele & Tafalofefe, Eastern Cape	157 252	165 848
Other Southern Africa projects	245 832	187 779
Siloam Hospital, Limpopo		-
Tintswalo, Mpumalanga	64 768	24 351
Donald Fraser Hospital, Limpopo		-
Charles Johnson Memorial Hospital, Nqutu, KwaZulu-Natal	178 498	219 601
Mother to Mother training program	509 378	424 725
Gifts-in-kind distributed		73 078
Therapy blocks program, Johannesburg	973 975	927 595
	2 134 798	2 157 458

	2018	2017
Project management and operating expenses	R	R
Accounting fees	51 890	51 285
Advertising & promotions	39 200	3 222
Bank charges	11 544	10 854
Board expenses	3 469	1 525

	2018	2017
Project management and operating expenses cont.	R	R
Computer expenses	156 839	41 220
Consulting Fees	44 294	33 712
Depreciation	50 348	48 235
Employee costs	1 236 343	780 553
Equipment inventory impairment		25 000
Insurances	9 494	8 130
Office expenses	8 771	14 142
Printing & stationery	50 735	33 364
Lease rentals	69 464	74 910
Repairs & maintenance	6 696	3 051
Small assets	1 758	-
Subscriptions		600
Telecommunications	25 554	16 955
Training	23 561	46 905
Travel	14 330	31 502
Website Expenses	1 800	15 300
	1 806 090	1 240 465
Leasehold improvements		
Total expenditures	3 940 888	3 397 923
Finance Costs		907
(Deficit) / surplus for the year	34 804	(1 082 295)

The Malamulele Onward team



Dr Gillian Saloojee



Prenisha Chiba



Emma Jenkins



Evelyn Shongwe



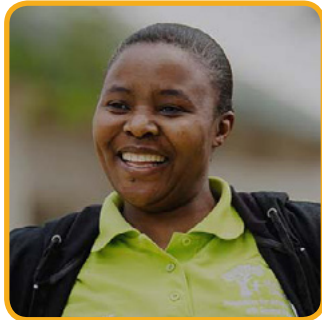
Gabi Smith



Kabi Krige



Keith Viljoen



Lindiwe Nxumalo



Lydia Ngwana



Mark Whitter

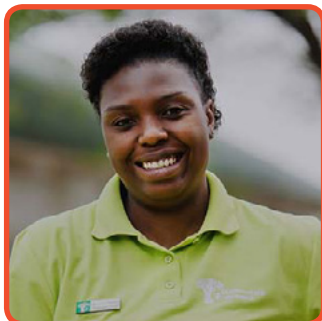


Michelle Flowers

OUR STAFF
MEMBERS



Misty Weyer



Morongwa Boikanyo



Samantha Bartlett



Tobias Mushroom



Victoria Zwane



Vutomi Ringane

Who guided the process?



Wiedaad Slemming



Dr Gillian Saloojee



Kobus Snyman

OUR BOARD MEMBERS



Prenisha Chiba



Mpho-MacChambers



Pulane Baloyi



Theresia Ralintja

Matalenta's story



What one remarkable woman achieved in one of the most remote corners of Lesotho

Matalenta has lived her whole life in Mokhotlong, Lesotho. Mokhotlong is deep into the mountains of Lesotho, with even the most fearless 4x4 needing to stop and make its occupants walk for an hour before they could reach Matalenta's house.

Matalenta, named after her daughter Talenta in the Sotho tradition, first came to the attention of Malamulele Onward in 2011 when on an outreach visit to Maseru. When we realised that she regularly travels more than sixteen hours return, for Talenta to attend an hour-long therapy session in the nation's capital, we knew Matalenta was someone we needed on our team.

Trained in the carer-2-carer programme in 2012, Matalenta has become a matriarch of the programme, quietly and continually demonstrating how to overcome any obstacle or barrier for her child or for the children and mothers she works for.

Matalenta originally began working in Maseru, piloting the Carer-2-Carer programme there. When we opened a second site in Motebang (somewhat closer to her home – only a 12 hour round-trip for her and Talenta), Matalenta was there to support the new parent facilitators and to ensure that Motebang was a success.

Matalenta has since been trained to run groups and conduct home visits, in addition to her skills at running workshops and assisting therapists at CP clinic. She has also identified a need for a Malamulele Onward presence in her home region of Mokhotlong. The barriers are significant – the distances are great, can often only be traversed on foot and also there is so little influence from the outside world that many children with CP are hidden and not talked of due to traditional beliefs or family shame regarding disability. Matalenta however, is not to be daunted. She will overcome these obstacles, just like she has all the others, quietly, stoically and with Talenta by her side (or strapped to her back) and she will bring hope and positive change for children with CP and their mothers in the Mokhotlong region.



